

Women @
St. Catharine's, Gloucester

Take time to

Breathe



Inspiration

Refreshment

Encouragement

Worship

Fellowship

Food

St. Catharine's Church
London Road
Gloucester
GL2 ORR

<http://www.stcatharine.org.uk>

Women's Breakfast Contact

Rev Marion Williams
07732 994489

Breathe is the Women's Breakfast at St. Catharine's for women of all ages. We meet 4 times a year in the church hall on a Saturday morning at 8.45 a.m. and finish around 10.15 a.m. It is a wonderful space in the frantic lives that so many women have; juggling home, family, jobs and other commitments. It is also a time to meet with other women of all ages, make friends and share our experiences and our faith with each other. There are no facilities for children, but nursing mothers and their babies are warmly welcomed.

Speakers

Our speakers come from diverse and wide ranging backgrounds, ages and experiences. However they are all women that live out their faith in their everyday life, and cope with the same pressures and problems that we all face. Some have worked in the mission field or felt called to ordained ministry. The different challenges that we face as women on our Christian journey are varied and life can sometimes be difficult. We explore the differing demands of that journey by inviting speakers that address these many challenges.

Worship

After breakfast there is a gentle time of worship led by one of the worship leaders. This is made up of songs, prayer and reflection.

Breakfast

The breakfast itself is delicious! The menu generally consists of fresh fruit, yoghurt, muesli, croissants and toast, with jams and marmalades. Fresh fruit juices, tea and coffee both real and decaffeinated are served. Both gluten and dairy free diets are catered for and the women's breakfast team are aware of the risks of gluten contamination (such as toast crumbs in the butter!) for those with coeliac disease. St. Catharine's is a Fair Trade Church and as such we try to ensure all the items on our breakfast menu are sourced with that in mind. If you have any other dietary needs please get in touch.



Proverbs 31

How to find us

St. Catharine's Church, London Road, Gloucester. GL2 0RR

St. Catharine's Church is on the London Road, Gloucester at the top of the hill (Wooten Pitch) where it meets Cheltenham Road and Denmark Road. There is limited parking but you can park in Denmark Road.